



# women's health update 2020

Los Angeles  
February 25 + 26



shaping the future of sexual + reproductive health care™

# INVITATION

## WELCOME TO WOMEN'S HEALTH UPDATE 2020

Essential Access Health is pleased to present our 35th annual Women's Health Update on February 25 + 26 at The California Endowment in Los Angeles.

Women's Health Update 2020 comes at a critical time. Although significant progress has been made, health inequities and challenges to providing quality care for all in our current environment persist. Women's Health Update 2020 will feature thought-provoking plenary discussions and informative workshop sessions to help enhance your capacity to provide evidence-based and patient-centered care in a shifting health care landscape.

Women's Health Update 2020 is an exciting opportunity for busy health professionals to receive clinical updates and best practices from experts in the field and discuss hot topics in sexual + reproductive health care.

Our Women's Health Update 2020 program was also designed to maximize continuing education credits - participants can earn up to **13.5 CE Credits!**

We are looking forward to seeing you in Los Angeles!

## ABOUT ESSENTIAL ACCESS HEALTH

Essential Access Health was established over 50 years ago grounded in the belief that the ability to plan our families and futures and make informed choices about our sexual and reproductive health are essential for individual and community health, equity, and economic security. Learn more about us at [essentialaccess.org](https://essentialaccess.org).

## CONFERENCE OBJECTIVES

1. Discuss advances in sexual + reproductive health care related to screening, diagnosis, and treatment
2. Display effective communication + counseling skills related to sexual and reproductive health care
3. Describe how providers can support greater health equity + reproductive justice in their health settings
4. Incorporate current clinical guidelines for reproductive health care into their practice
5. Demonstrate intrauterine device and contraceptive implant insertion and removal procedures
6. Discuss recent changes to the health care landscape that affect women's health

## WHO SHOULD ATTEND?

- Nurse Practitioners
- Nurse-Midwives
- Registered Nurses
- Physicians
- Physician Assistants
- Health Educators
- Public Health Professionals



# CONFERENCE SCHEDULE

## PRE-CONFERENCE SCHEDULE

TUESDAY, FEBRUARY 25, 2020

8:00 AM **Pre-Conference Registration**

8:15 - 12:15 **Pre-Conference A Fundamental Skills IUD Training**

Cason

Practicum participants will receive background information and learn placement techniques for the five intrauterine devices currently available: Mirena®, ParaGard®, Skyla®, Liletta® and Kyleena®. Hands-on practice will be supervised by experienced preceptors.

9:30 - 12:30 **Pre-Conference B Nexplanon® Placement + Removal**

Merck Trainer

Practicum participants will learn how to identify appropriate Nexplanon™ (etonogestrel implant) patients, prepare patients for placement, and manage technical issues related to placing the contraceptive device. Participants will also receive hands-on, supervised instruction on the latest techniques for placement, localization, removal and re-insertion using an artificial model.

This practicum session, sponsored by Merck, is not accredited for continuing education credit and is only open to doctors or advanced practice clinicians with furnishing or prescribing privileges in their state. It is Merck policy to verify participant practice, licensure and eligibility information in advance of the conference date. Merck will contact participants directly if there is a problem regarding this process. Certificates of completion will only be issued to participants that are present for the entire training session.

12:00 PM **Exhibits + Lunch**

1:30 - 4:30 **Pre-Conference C Advanced Skills IUD Training**

Policar

Practicum participants will learn skills for mastering challenging IUD placements and removals. Techniques will be reviewed for the safe use of the tenaculum, uterine sound, and inserters. Tips for avoiding common IUD placement pitfalls will be provided. Participants will practice techniques for managing cervical stenosis, providing adequate pain relief during and after placement, removing IUDs without strings and preventing vasovagal syncope and uterine perforation.

1:30 - 4:30 **Pre-Conference D Nexplanon® Placement + Removal (Repeated)**

Merck Trainer

1:30 - 4:30 **Pre-Conference E Asking the Right Questions: Leveraging the PATH Framework to Support Reproductive Autonomy**

Cason

Practicum participants will learn the PATH framework – a concrete, patient-centered set of questions and counseling skills designed to effectively engage with patients to identify their reproductive life goals and how they can work toward achieving them. The PATH questions are non-judgmental and open-ended. The framework is focused on effectively inviting the patient to explore their values and preferences, and moving the conversation forward to offer the services and information that are best aligned with the preferences identified.

4:30 PM **Adjourn**



# CONFERENCE SCHEDULE

## MAIN CONFERENCE SCHEDULE

WEDNESDAY, FEBRUARY 26, 2020

**7:30 AM Main Conference Registration / Exhibits / Networking / Buffet Breakfast**

**8:15 WELCOME** Rabinovitz

**8:30 BREAKFAST PLENARY** Ross  
Radical Reproductive Justice

**10:00 Exhibits + Refreshment Break**

**10:30 CONCURRENT WORKSHOPS #1**

#11 Connecting the Dots: Gender-Based Violence in Health Care Baldwin + Pomes

#12 STD Update: Data Trends + Current Guidelines for Testing and Treatment Policar

#13 Decreasing Patient Anxiety During Routine Sexual + Reproductive Health Office Procedures Pritzker

#14 Family Planning + Substance Use Disorder TBD

**11:45 Exhibits + Refreshment Break**

**12:00 PM LUNCH PLENARY** Policar  
Current Developments in Clinical Reproductive Health Care

**1:15 Exhibits + Refreshment Break**

**1:30 CONCURRENT WORKSHOPS #2**

#21 Contraceptive Counseling and Pregnancy Prevention for Transgender and Gender Diverse Patients Forsberg + Johnson

#22 Cornerstones of Sexual Health Care: Talking with Patients About Their Sexual Concerns Cason

#23 Diagnosing + Treating Congenital Syphilis in High Risk Populations Seidman

#24 Beyond Theory: Applying Motivational Interviewing Techniques for Improved Outcomes Hancock-Crear

**2:45 Exhibits + Refreshment Break**

**3:15 CONCURRENT WORKSHOPS #3**

#31 Incorporating A Reproductive Justice Framework in Clinical Settings Clark

#32 "Brief Intervention": An Evidence-Based Model for Teen Pregnancy Prevention Counseling Hettema + Baca

#33 Getting to Undetectable: Supporting HIV Medication Adherence in Women Rauh + Lorz

#34 Providing Care + Support for Immigrant Patients in Today's Environment Huang

**4:30 PM Adjourn**

# CONFERENCE FACULTY

**Melanie Baca, MD**

Assistant Professor, Family and Community Medicine  
University of New Mexico  
Albuquerque, New Mexico

**Susie Baldwin, MD, MPH, FACPM**

Medical Director, Office of Women's Health  
Los Angeles County Department of Public Health  
Co-Founder and Board President  
HEAL Trafficking  
Los Angeles, California

**Patty Cason, MSN, FNP-BC\***

Assistant Clinical Professor  
University of California Los Angeles School of Nursing  
President  
Envision SRH  
Los Angeles, California

**Nicole Clark, LMSW**

Consultant  
Nicole Clark Consulting  
Brooklyn, New York

**Hannah Forsberg, MPH**

Graduate Intern  
Ibis Reproductive Health  
Oakland, California

**Andria Hancock-Crear, MPH\***

Senior Trainer  
Essential Access Health  
Los Angeles, California

**Jennifer Hettema, PhD**

Clinical Psychologist  
Associate Professor, Family and Community Medicine  
University of New Mexico  
Albuquerque, New Mexico

**Priscilla Huang, JD**

Senior Attorney  
National Health Law Program  
Los Angeles, California

**Jasmine Hutchinson, MSPH\***

Senior Director of Strategic Initiatives  
Essential Access Health  
Los Angeles, California

**Rian Johnson, FNP-C**

Family Nurse Practitioner  
Multnomah County Health Department  
Portland, Oregon

**Nomsa Khalfani, PhD\***

Executive Vice President  
Essential Access Health  
Los Angeles, California

**Arman Lorz**

Consultant  
John Snow, Inc.  
Denver, Colorado

**Amy Moy\***

Chief External Affairs Officer  
Essential Access Health  
Berkeley, California

**Michael S. Policar, MD, MPH\***

Professor Emeritus, OB/GYN and Reproductive Sciences  
University of California San Francisco School of Medicine  
San Francisco, California

**Genevieve Pomes, RN, BSN, PHN**

Project Manager  
Los Angeles County Department of Public Health  
Los Angeles, California

**Joely Pritzker, RN, MS, FNP-C**

Family Nurse Practitioner  
Vista Community Clinic  
Vista, California

**Julie Rabinovitz, MPH\***

President and CEO  
Essential Access Health  
Berkeley, California

**Shannon Rauh, MEd, CSE**

Consultant  
John Snow, Inc  
Denver, Colorado

**Loretta Ross**

Co-Founder  
SisterSong  
Atlanta, Georgia

**Dominika Seidman, MD, MAS**

Assistant Professor, OB/GYN and Reproductive Sciences  
University of California San Francisco  
San Francisco, California

\*Planning Committee Member

# CONFERENCE INFORMATION

## REGISTRATION

Conference registration is limited, early registration is advised. [CLICK HERE TO REGISTER ONLINE](#)

TUITION			
	Early Registration (ends November 30)	Regular Registration (December 1 - February 14)	Late/On-Site Registration (after February 14)
<b>Pre-Conference A:</b> Fundamental Skills IUD Training	\$125	\$150	\$175
<b>Pre-Conference B:</b> Nexplanon® Placement + Removal	free	free	free
<b>Pre-Conference C:</b> Advanced Skills IUD Training	\$125	\$150	\$175
<b>Pre-Conference D:</b> Nexplanon® Placement + Removal	free	free	free
<b>Pre-Conference E:</b> Leveraging the PATH Framework to Support Reproductive Autonomy	\$30	\$45	\$60
<b>Main Conference</b>	\$250	\$300	\$350

To request an invoice or to pay by check, contact **Maria Mejia** at 213.386.5614 x4562 or [mmejia@essentialaccess.org](mailto:mmejia@essentialaccess.org). Registrations must include full tuition payment to be accepted.

## CONFERENCE VENUE

### The California Endowment

Los Angeles Center for Healthy Communities  
1000 North Alameda Street, Los Angeles, CA 90012  
Phone: 213.928.8900

- On-Site Parking, Free of Charge
- A short walk (0.6 miles) from Union Station

## HOTEL ACCOMMODATIONS

### Milennium Biltmore Hotel, Los Angeles

506 South Grand Avenue, Los Angeles, CA 90071

#### Discounted Rates (end 1/24/2020): \$180 single/double

Room rates are subject to a \$10 facility fee and state + local taxes.

- Special group rates will be in effect, based upon availability, **2/24/2020 + 2/25/2020**.
- For room reservations call **213.612.1575** and mention the code: **2002WHU202**. When calling in your reservation, please request a confirmation number and reservation confirmation.

[CLICK HERE TO RESERVE YOUR ROOM ONLINE](#)

## SPONSORS + EXHIBITORS

For exhibit space, sponsorships or advertising opportunities, contact:  
**Jasmine Hutchinson** at 213.368.4413 or [jhutchinson@essentialaccess.org](mailto:jhutchinson@essentialaccess.org)