

3. The infant formula warning (Tune: Red River valley)

When you mix formula do be careful
That the right type of water you choose
Just remember the A D A told us
That it's low fluoride water to use.

Their concern is for dental fluorosis
It's a clear form of harm you can see
But what else is there under the surface?
That's a worry for you and for me.

From the papers now published in China
Mexico and Iran — quite a few
We know low iodine and high fluoride
Are not good for our children's IQ.

When F and A L are together
In the G-protein lock, they're a key
But their message is false: it is untrue
Scrambled brain is less easy to see.

So the warning is just a beginning
For there is no age that's immune
From the adverse effects caused by
fluoride
That is something we can't learn too
soon.

4. Compulsory fluoridation (Tune: Yankee Doodle Dandy)

The U S P H S — they want it
And so do their friends the C D C
The A D A is not far behind
In wanting to fluoridate me.
What happened to our right to freedom?
What happened to democracy?
Surely there is not a place
For mass medication
Here in the land of the free.

5. Fluoride, it has to go (Tune: I've been working on the railroad)

Thyroid glands need to be working
Each and every day
But when there is too much fluoride
It leads to disarray
Disturbance of the G-proteins
And bad biochemistry
Becoming hypothyroid
And lacking energy.

Read and you will know
Read and you will know
Fluoride is bad for you and me
Read and you will know
Read and you will know
Fluoride is bad you see.

Someone should tell the folks here
Someone should let them know
Someone should tell the whole world
Fluoride it has to go.

Go, go, it has to go
Fluoride, it has to go o o o
Go, go, it has to go
Fluoride, it has to go.