



Learn Through Play 2020

December—Preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1 Have an orange day! Eat orange fruits and vegetables.	2 Place popcorn kernels in a bowl for your child to measure and count.	3 Ask your child their favorite color. Check out books featuring that color from the library.	4 Talk to your child about the four seasons. Ask your child what season they like the best and why.	5 Silly song Saturday! Sing the song "Old McDonald."
6 Take a morning walk! Point out the beautiful frost designs on car windows, leaves, and grass.	7 Eat carrots and potatoes, while talking about root vegetables.	8 	9 Teach your child the phone number of a "safe person" who they can call if they need help or are lost.	10 Cut out different-sized circles. Have your child arrange them from smallest to largest.	11 Make a bookmark today! Gather up some scrap paper—old newspaper/magazines, wrapping paper scraps, etc.	12 Listen to violin music as you talk about the letter V.
13 Help your child count the characters in his or her favorite book.	14 Walk around and jump into the snow. Make snow angels!	15 Turn off the TV. Read together as a family!	16 Gather books you no longer read and donate them.	17 Look through cookbooks with your child and find recipes you can make together.	18 Make a pile of shoes. Have your child find the matching pairs.	19 Learn about owls and what nocturnal means.
20 When doing laundry, have your child help fold washcloths.	21 Cut out different shapes and help your child make a shape collage.	22 Help your child follow two directions given at the same time. "Can you get the ball and roll it to me?"	23 Make up a rhyme about the people in your family.	24 Encourage your child to unwrap gifts on their own, and ask them for help to unwrap your gifts also. Boxes and papers are fun to play with afterwards!	25 	26 Go for a nature walk and talk about winter.
27 Make a puppet or stuffed animal (or even a sock!) talk or sing to your child.	28 Color with your child! Allow them to scribble. Show them how to draw circles and lines.	29 Gather up greeting cards and look at them together. Label the pictures and talk about emotions.	30 Talk about snowflakes—no two are alike!	31 Create the Winter Sensory Bag activity to the right!		
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Winter Sensory Bag

Materials:
 Clear Hair Gel
 Glitter
 Plastic Bag
 Marshmallows

1. Combine the hair gel, glitter, and marshmallows in the plastic bag.
2. Seal the bag, and store in the fridge until playtime.
3. Let your children squish and mush the wintry mix by squeezing the outside of the bag.