



Resilience Internship Packet

Thank you for your interest in interning with Resilience. We are glad that you've contacted us. There are several ways in which you can join the movement to end sexual violence. The three primary internship opportunities are with our **Advocacy, Trauma Therapy* and Education and Training** programs. **You must be enrolled in a Master's level program to be eligible for an internship with the Trauma Therapy Program.*

All of our interns are **required** to complete a minimum of 40-hours of sexual assault crisis intervention training in accordance with the Illinois Coalition Against Sexual Assault mandates. You must also attend an agency orientation at a date to be determined. The 40-hour crisis intervention training must be completed prior-to or within a month of beginning your internship. Resilience offers this training at least four times a year. The schedule is available via the links below. There is no cost for the training if you are accepted into the internship program. **Training is approximately 5 weeks long, in the evenings.** There may be other training options available on a case-by-case basis.

In addition to the application for internship below, please complete the training application [here](#). You can indicate your specific internship interest under the **VOLUNTEER OPPORTUNITIES** portion of the application. Our website www.ourresilience.org also has training information and the schedule available [here](#).

Most of Resilience's internships require a minimum of one year or two academic semesters. Please be sure to read carefully to determine the time commitment of your intended internship. Resilience accepts non-academic interns by exception.

Please complete the internship packet and e-mail it to the corresponding department **with a copy of your current resume and a cover letter**. You are eligible to apply to more than one internship and will be contacted by the department you have expressed interest in.

Resilience encourages applicants who are multi-cultural, multi-lingual, identify as persons of color and/or LGBTQ.

Quick Steps:

- 1. Send cover letter, resume, and application (below) to the appropriate Program/Department Director.**
- 2. Complete the online training application following the appropriate link above, mark your internship interest.**
- 3. Contact or wait for Program/Department Director to connect with you regarding an interview.**

Resilience
180 N. Michigan Avenue, Suite 600
Chicago, IL 60601
312.443.9603 phone 312.443.9602 fax

Intern Application

Name: _____ Name of School: _____

Major (please indicate Bachelor or Masters Program): _____

Expected Graduation Date: _____ How many hours/week will you commit to Resilience? _____

Required Duration of Internship: _____ Available Start Date? _____

Days of the week available: _____ Are you 40-hour Sexual Assault trained? _____

Supervision Requirements:

Total hour(s) per week? _____ Licensure Requirement of Supervisor? _____

How many direct contact hours does your school require for your internship (if any)? _____

Tell us about yourself:

What sparked your interest in an internship with Resilience?

Do you have any previous experience as an intern or volunteer? Please explain.

What are your future goals and interests related to rape crisis work?

RESILIENCE JOB DESCRIPTION

Position Title: **Trauma Therapy Intern (3 positions available)**

Reports To: Clinical Intern Supervisor

GENERAL ROLE DESCRIPTION

The trauma therapy intern must be a second year student enrolled in a M.A. or M.S. trauma therapy psychology, clinical psychology, or social work program. The trauma therapy intern will have the opportunity to provide individual, group, couple's, family, and significant other trauma therapy to individuals who are survivors of sexual violence. In addition to providing trauma therapy services, the trauma therapy intern will be responsible for completing a minimum 40 hour Sexual Assault Training.

RESPONSIBILITIES

1. Complete 40 hour Sexual Assault Training.
2. Provide individual, couple's, and family trauma therapy with a caseload of 10 clients.
3. Co-facilitate a support group.
4. Collaborate with other interns in the therapy program and run a 1 time workshop of your choice to an audience of your choice.
5. Participate in inter-departmental collaboration within the agency.
6. Report all direct client contact for statistical reporting and program evaluation purposes.
7. Maintain client and administrative paperwork.
8. Participate in mailings and other outreach efforts and opportunities.
9. Participate in individual supervision on a weekly basis.
10. Participate in group supervision on a monthly basis

DIRECT PRACTICE WITH CLIENT RESPONSIBILITIES

1. Understand and apply trauma therapy values and ethics.
2. Understand and apply relevant clinical theories.
3. Set clear and appropriate boundaries.
4. Engage clients effectively and establish a contract for work.
5. Plan and structure the intervention process.
6. Understand and respect the positive value of diversity.
7. Identifies and uses appropriate research to inform practice.
8. Use appropriate measures to evaluate own practice.
9. Observe own behavior in clinical interactions
10. Closes/transfer cases appropriately.

To apply for the trauma therapy internship, please provide a cover letter, curriculum vitae/resume, and application above for consideration. If you have any questions, please contact the Clinical Intern Supervisor Renee Miranda-Beristain at rberistain@ourresilience.org or 312-443-9603 ext. 141.

RESILIENCE JOB DESCRIPTION

Position Title: **Art Therapy Intern (1 position available)**

Reports To: Creative Arts Therapy Supervisor

GENERAL ROLE DESCRIPTION

The trauma therapy intern must be a second or third year student enrolled in a graduate art therapy program. The art therapy intern will have the opportunity to provide individual, group, couple's, family, and significant other trauma therapy/art therapy to individuals who are survivors of sexual violence. In addition to providing trauma therapy/art therapy services, the art therapy intern will be responsible for completing a minimum 40-hour Sexual Assault Training.

RESPONSIBILITIES

1. Complete 40-hour Sexual Assault Training.
2. Provide individual, couple's, and family trauma therapy/art therapy with a caseload of 10 clients.
3. Co-facilitate an art therapy group.
4. Collaborate with other interns in the trauma therapy program on a group project of your choice.
5. Participate in inter-departmental collaboration within the agency.
6. Report all direct client contact for statistical reporting and program evaluation purposes.
7. Maintain client and administrative paperwork.
8. Participate in mailings and other outreach efforts and opportunities.
9. Participate in individual supervision on a weekly basis.
10. Participate in group supervision on a monthly basis.
11. Co-lead one skill share with the Creative Arts Therapy Team.

DIRECT PRACTICE WITH CLIENT RESPONSIBILITIES

1. Understand and apply trauma therapy values and ethics.
2. Understand and apply relevant clinical theories.
3. Set clear and appropriate boundaries.
4. Engage clients effectively and establish a contract for work.
5. Plan and structure the intervention process.
6. Understand and respect the positive value of diversity.
7. Identify and use appropriate research to inform practice.
8. Use appropriate measures to evaluate own practice.
9. Observe own behavior in clinical interactions.
10. Close/transfer cases appropriately.

To apply for the art therapy internship, please provide a cover letter, resume, two references, and application above for consideration. If you have any questions, please contact the Creative Arts Therapy Supervisor Jordan Ferranto, LCPC, ATR at jferranto@ourresilience.org.

RESILIENCE JOB DESCRIPTION

Position Title: Education & Training Intern (3 Positions Available)

Reports to: Senior Educator and Director of Education & Training

Role Description:

The Education and Training (E&T) Intern is responsible for assisting the E&T program with delivering presentations and workshops on sexual violence prevention and healthy relationships. The intern will be asked to present to students ranging in grade levels from pre-k to college and some adults. It is expected that following training and time spent observing staff educators, the intern will grow into an independent presenter on behalf of the agency. Further, the intern will be proactive in outreach efforts within the community in an effort to promote Resilience services. This includes but is not limited to self-directed special projects. Finally, the intern will support in daily tasks as assigned.

The intern will receive ample mentorship from fellow staff educators as well as regular supervision from the senior educator. Resilience has a commitment to providing violence prevention programming that adheres to state and national standards and best practices for sex education and violence prevention education and that is culturally humble, anti-carceral and rooted in transformative justice practices.

Responsibilities:

1. Provide sexual and relationship violence prevention education to youth grades k-12.
2. Assist E&T team with curriculum development on various topics related to violence prevention.
3. Attend resource fairs and community events as a representative of Resilience.
4. Assist Resilience with in-house trainings as needed.
5. Support fellow staff educators in outreach efforts across the city.
6. Participation in Sexual Assault Awareness Month activities, events and committees.
7. Support E&T volunteers as needed.
8. Maintain accurate and complete records of all services delivered including facilitating evaluations of programs, entering and analyzing resulting data.
9. Provide crisis intervention as well as information and referrals for services.
10. Attend all required meetings, meet minimum requirements for hours based on graduate or undergraduate program and Resilience internship program specifications.

Requirements:

The E&T Intern must possess excellent communication and public speaking skills, a passion for violence prevention and a comfort working with diverse audiences. Candidates with experience in training and facilitation, community organizing or outreach and sexual violence or domestic violence work strongly preferred. Upon hire, interns must complete ICASA certified 40-hour sexual assault survivor advocacy training that will be provided by Resilience free of charge. In order for consideration, undergraduate students must be participating in the internship for completion of their Capstone and must commit 8-12 hours per week at the internship. Graduate students must commit 12-20 hours or what is otherwise required for completion of their internship credits as outlined by their university. Proficiency in Spanish is encouraged but not required. **This position remains entirely virtual for the foreseeable future.**

Please note this internship is a minimum of 2 academic semesters or approximately 9 months.

To apply: email cover letter, resume and application to MArthur@OurResilience.org

RESILIENCE

Education & Training Program

Intern Job Description

POSITION TITLE: Training & Outreach Intern

REPORTS TO: Training & Outreach Coordinator

DURATION: Minimum of one year

ORGANIZATIONAL BACKGROUND

Resilience is an independent, not-for-profit organization dedicated to the healing and empowerment of sexual assault survivors through non-judgmental crisis intervention counseling, individual and group counseling, and medical and legal advocacy in the greater Chicago metropolitan area. Resilience provides public education and institutional advocacy in order to improve the treatment of sexual assault survivors and to effect positive change in policies and public attitudes toward sexual assault. Established in 1974, Resilience now serves over 1700 survivors of sexual violence and their loved ones annually through our main office in downtown Chicago and our community-based offices in Austin, Ravenswood, and on the Stroger Hospital campus.

RESILIENCE TRAINING INSTITUTE OVERVIEW

The Resilience Training Institute (RTI) strives to meet the urgent need among Chicago professionals and service providers for formally structured, high quality training in sexual violence response and prevention. As a core component of our Education & Training (ET) program, preparing professionals to deliver ethical and effective services to survivors and their loved ones, the RTI plays an instrumental role in advancing our mission to empower survivors and end sexual violence. RTI trains graduate students, social workers and health professionals, staff and volunteers at social service organizations, school faculty and administrators, criminal legal system professionals, leaders of faith communities, for-profit employees, and Confidential Advisors as mandated by the Preventing Sexual Violence in Higher Education Act. Across all our trainings, participants learn to identify elements of rape culture, reduce risk factors, and become agents of change within in their own communities.

GENERAL ROLE DESCRIPTION

The Training & Outreach Intern will utilize their passion for engaging communities on social justice issues through education and training to support the administrative strategy and vision of the RTI. The intern will also assist with daily tasks related to RTI operations.

RESPONSIBILITIES

- Work in coordination with Training & Outreach Coordinator and Marketing & Communications Associate to implement outreach strategies in effort to increase RTI visibility, training participation and agency volunteer/internship opportunities.
- Assist Training & Outreach Coordinator with administrative tasks related to RTI including, but not limited to: synthesizing and analyzing evaluation data, scheduling trainings, creating training agendas, preparing training materials, and organizing training registration.
- Assist with day-to-day functioning of professional and volunteer trainings
- Attend all required Training Institute Committee meetings.
- Facilitate and maintain an ongoing student collective activist group.
- Maintain and track outreach materials and events.
- Maintain accurate and complete records of all services delivered.

RESILIENCE

Education & Training Program

Intern Job Description

- Assist with daily tasks related to program development as needed.

QUALIFICATIONS

Required:

- *10 – 16 hour/week 1-year commitment beginning June 2019 and concluding May 2020*
- Enrolled as a third or fourth year student in a degree-granting program at a college or university; preferred undergraduate majors include but are not limited to: Social Sciences, Business, Education, and Social Work with an interest in nonprofit administration
- Keen interest in prevention of sexual and domestic violence and social justice activism
- Experience working within diverse communities
- Ability to take initiative and work independently, as well as within a team
- Strong organizational skills, detail-oriented, and ability to manage multiple tasks while balancing short- and long-term projects and goals
- Excellent verbal and written communication skills
- Ability to work occasional evenings and weekends, with some travel
- Prior completion of a minimum 40-hour sexual assault training provided by an ICASA-certified rape crisis program OR completion of a minimum of 40-hour sexual assault training *at start of hire*

Strongly Preferred:

- Knowledge of market research strategies
- Experience conducting or facilitating workshops/trainings/community education
- Familiarity with Title IX and Chicago
- Working knowledge of Microsoft Office suite

Persons of color, LGBTQ persons, multi/bilingual persons, persons with disabilities are encouraged to apply.

Resilience is an equal opportunity employer.

To Apply:

Please send your cover letter and resume by e-mail to the following:

Candice Tindell, Training & Outreach Coordinator

ctindell@ourresilience.org